

Restorative Justice Information Sheet

The following examples are not an exhaustive list, but act as indicators to the type of comments people may make which suggest they may benefit from RJ:

- I just want to know, why me?
- I am left with so many questions.
- I don't seem to be able to get over this.
- I keep thinking about it.
- I want to know if I was followed or targeted.
- The court case left me feeling angry
- I don't feel like I have justice.
- I want to tell him/her what I really feel
- I am so hurt by this.
- It's not just me that has been hurt/harmed by this.
- I find it difficult to move on until I get my questions answered.
- I wonder if they realised just what this means to me.
- I still feel like a victim.
- I want to know what they got out of it.
- I wonder what they did with my possessions.
- Do you think they realise just how I feel.
- What if I see them again, what will I / they do.

Comments from participants

“After meeting Joseph I felt such relief – it meant I could finally get to sleep at night. Since the meeting, I feel a lot better – not 100% safe, but perhaps that will come with time” – victim of burglary

“I would say to anyone considering going through RJ, please do it for your own sake. I’d encourage anybody to at least try and do it, and I hope in the future to be able to facilitate it” – victim of arson

“The conference was so useful because we were able to ask what we needed to ask. We all live together in a small town and we needed to know what would happen if we see each other in the street. This was so important because it was inevitably going to happen. Until you have participated in restorative justice you can’t explain how powerful it is. You see the offender in a different light. It has had such an impact on our lives. It really was a fabulous thing – it has made such a difference. We have come out of it the other side so much stronger. We are able to move on with our lives. It’s the best thing we ever did” – Victim of a road traffic collision

If you would like to speak to one of our facilitators, please either call us or check out our website:

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www.restorativegloucestershire.co.uk

